

St Andrew's Upper School Volleyball Tournament

Event description

The goal of the St Andrew's volleyball tournament was to engage students in a fun activity while introducing them to Aware Awake Alive and its mission. The event was a great success: more than a dozen teams participated, with participants ranging from freshman to senior, and most teams creating unique uniforms. Participants played from 12 pm to 3 pm, with the winning student team facing off against the faculty team for the ultimate test in skill and teamwork.

Many factors led to this event being successful:

- 1- The dedication of a small group of parents, committed to planning, fundraising for and executing the event.
- 2- The generosity of the sponsors secured by this small group of parents. Students were playing for attractive prizes, which encouraged participation and commitment to the event.
- 3- Food and refreshment were also gifted to make sure the participants were well fueled and hydrated throughout the afternoon.
- 4- Faculty and staff came out to cheer and support the students.
- 5- An adequate number of volunteer score keepers and referees kept the games rolling smoothly and without incident.

With this tournament, Aware Awake Alive was able to establish a presence in the St Andrew's school culture in a healthy, active way. The tournament was strategically held two weeks before the Aware Awake Alive program was introduced to the school's 10th graders.